Waynesville Middle School Cheer Tryouts Application Information Packet

Waynesville Middle School Cheerleading squad sideline cheers for football season, both women and mens home basketball games, and competes in regional, state, and national cheer competitions. WMS cheer squad is also involved in various service projects in our school and community. WMS will be hosting cheer try-outs at the WMS Big Gym, starting with MANDATORY workouts Monday, May 8th & 9th, with official tryouts on May 10th. Practices will all start at 3:30 and last until 5. Tumbling is not required but highly encouraged. **For applicants to participate in tryouts, the following items must be completed and turned in by 3:00 on application evaluation day, May 5th:**

* Cheerleading Rules and Expectations contract signed by parent and cheerleader and turned into the office (Attn: Ms. Parris)
* 2 teacher/coach/volunteer coordinator recommendation forms- Current WMS students must pick 1 **core** teacher
* Completed NCHSSA Physical form (found at and completed by your medical provider) and turned into the Waynesville Middle School front offical
* Complete DragonFly max (replacing Family ID.) for easy-to-use digital forms, health records and team communication tools. flyer attached to packet

Once your application has been reviewed, you will be added to the 2022 Cheer Tryout Google classroom. Please be certain to check your google classroom. Information regarding the clinic schedule will be found there. Applicants, if you have not received access to 2023 Cheer Tryout google classroom by 3pm on Wednesday, 5/5, please contact Coach Parris at Saparris@haywood.k12.nc.us

If you have any questions, please email Coach Parris at Saparris@haywood.k12.nc.us

and she will respond within 24 hours.

Thank you and Good Luck!

\*Current 6th and 7th graders, stop by the front office to check for your current physical.

**Waynesville Middle School Cheerleading Rules and Expectations**

Please read the following information. Please sign and return the contract with your cheer application.

**Dates to Remember:**

Mandatory Parent meeting: 5/15 @ 5pm

$75 Camp Deposit Due at the parent meeting

Camp is mandatory and will be held June 22-23rd.

Fitting: TBD

Summer Workouts: **7/10: 9-11. 7/11: 9/11. August: tbd**

Mandatory Practice begins: August 1st

Cheer Banners Due: August 2

Cheer Camp Balance Due: August 2

Athletic Fee Due: August 15

Practice Wear Due: August 15

**Cost Breakdown:**

Cheer Camp: $180

Cheerleader Season Wear: $550 (estimate)

* The cheer team will be purchasing a warm-up suit, bookbag, bows, spanx , shell & t-shirt(s). It will be the responsibility of the cheerleader and family to make sure the cheerleader has white cheer shoes, and black socks,

Athletic Fee: $45

**Banner Fundraiser:**

We participate in fundraisers for the program to help offset costs. Our major fundraiser is our Sponsor Banner Sales. This sale is an opportunity for cheerleaders to earn money to pay toward individual fees. We will assign previous buyers of Sponsor Banner Ads equally among the team. Part of the money earned can be used to pay for Spirit wear and the other part will be used at coaches’ discretion for competition entry fees, pep rallies, new team gear (as needed) etc.

\*Once Spirit items are ordered, you are responsible for paying your bill regardless if your cheerleader quits or is removed from the team. In the event of outstanding costs or any monies owed to Haywood County Schools, a cheerleader will be placed on the obligations list which keep them from buying or participating in any other school activities. This includes turning in uniforms, poms, bag, warm up/rain jackets, ponchos, etc at the end of the season. Please review your athlete’s order form before submitting. This includes all sizing and correct items. **Items cannot be returned nor exchanged**.

WMS Cheerleader Candidate Recommendation Form

Candidates Full Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

The above named candidate is being considered for WMS Cheer Squad. Coaches and judges will use this form to determine if he/she meets the WMS Cheer Squad’s high standards of teamwork, service, leadership, and character. Please complete this survey to the best of your ability. The cheerleader will not view your answers, only coaches, so please be as honest as possible. If you have questions or comments, please contact Coach Parris at Saparris@haywood.k12.nc.us

**Please fold this document in thirds, seal the document with tape, and sign along the tape in black permanent marker and return to the student, or place in a sealed envelope with your signature over the seal. Evaluations may also be sent to Salem Parris, WMS.**

Thank you in advance,

Salem Parris

Person Completing the Form: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Relationship to Student: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please rate the student using the scale provided. For responses of 2 or lower, please comment

1=poor, 3= average, 5=excellent

|  |  |  |
| --- | --- | --- |
| Character trait | Rating 1-5 | Comments |
| Attitude |  |  |
| Acts Responsibly |  |  |
| Attendance |  |  |
| Social Skills |  |  |
| Respectfulness |  |  |
| Initiative |  |  |
| Ability to keep commitments/meet deadlines |  |  |
| Punctuality |  |  |
| Leadership Potential |  |  |
| Results Oriented |  |  |
| Maturity |  |  |
| Team Work |  |  |
| Ability to be coached/accept corrections with dignity |  |  |

Overall impression of the candidate (please circle one)

Highly Recommend Recommend Recommend with reservation Do not recommend

Additional Comments/Concerns:

**Signature Date**

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**Cheerleading is a 2 season sport. Cheerleaders will only be allowed to participate in cheerleading for both fall and winter seasons. No crossovers to other Middle School sports teams will be allowed.**

In addition to financial responsibilities, please be aware of the following expectations for cheerleaders and parents:

**Cheerleader Responsibilities:**

Cheerleading requires a great amount of time, commitment, and dedication on the part of the cheerleaders. Academics should always be priority, cheerleading should be next with all other activities to follow. Responsibilities include but are not limited to the following:

1.      The cheerleader will maintain academic eligibility in regard to attendance, grades, and behavior.

2.      The cheerleader will follow all safety guidelines.

3.      The cheerleader will represent Waynesville Middle School in a positive manner, action, dress and overall conduct, and will exhibit acceptable standards of citizenship and sportsmanlike conduct at all times (e.g. In the halls, in the classroom, at events, in the community, on social media, at games and practices, and during interactions with teachers, coaches and peers, etc.)

4.      The cheerleaders will refrain from gossiping or any form of verbal or physical confrontation.

5.      The cheerleader will raise school spirit by participating in pep rallies, spirit days, goody bags for football and basketball teams and always showing sportsmanship.

6.      The cheerleader will be prepared with appropriate uniforms for games and/or outfits on specific days, practices, and scheduled events.

7.      The cheerleader will follow through with all commitments. The cheerleader will attend all games, practices, and functions. They will also be on time to each one. Further, she/he will plan family outings, appointments, and other activities with the cheerleading schedule in mind first and foremost. She/he will take responsibility for reminding their parent of contacting a coach about any absence. ALL appointments that are scheduled in advance should not be on practice days. It is the responsibility of the cheerleader to make up all conditioning and work missed at practice.

8.     The cheerleader will silence his or her cell phone and keep it in his or her bag at all practices and games.

9.     The cheerleader will accept assignments, placements, and awards with dignity and class.

**10. Google classroom practices are considered actual practices. Failure to complete AND prove evidence of a google classroom practice will follow absence protocol.**

**11. The cheerleader will conduct him/herself appropriately in all forms of social media (ie Snap Chat, Instagram, Facebook, Tick Tock, etc) as they are representatives of the WMS squad, its coaches, and Waynesville Middle School. Cyberbullying and cyber exposure will not be tolerated.**

**Noncompliance with these rules can result in one mile run before practice or possible dismissal from the WMS Cheerleading team.**

**SCHOOL RULES:**

All school rules laid out in the agenda book and athletic contract applies to cheer as well. Furthermore, instigating physical violence is not tolerated at all.

**Parent Responsibilities:**

Cheerleading requires a great amount of time, commitment, and dedication on the part of the parents. Please:

1.      Encourage him/her to abide by the rules set forth by coaches and administrators

2.      Attend all parent meetings and fully participate in all fundraisers

3.      Pay bills on time and **provide punctual transportation**

4.      Do not attempt to sit near or communicate with cheerleaders or coaches during games due to distractions

5.      Direct concerns about your cheerleader on an individual basis directly to the coach first, through email. Coaches will respond within 24 hours. Meetings can be scheduled through email, and there will be no meeting during games or practices.

6.      Agree to notify the coach immediately if your child is ill and provide documentation from a medical provider.

7.      Parents/guardians will please check emails and Remind notices daily for all updates. There is no excuse for being uninformed.

8.     Please refrain from making negative comments about the cheer program, individual cheerleaders or coaches on social media or to other parents, and support coaches as they run practices, make rules, enforce consequences and make team decisions.

*Please recognize that unforeseen circumstances do occur: interim changes to anything in this document may be made at the discretion of administration.*

**Noncompliance with these rules can result in possible dismissal from the WMS Cheerleading team.**

If you have any questions, please feel free to email Coach Parris (Saparris@haywood.k12.nc.us) and she will respond in 24 hours. Please do not Facebook message, text or iMessage.

**ABSENCES (excused/unexcused):**

1. One absence from practice will result in NO quarter change nor halftime performance that week.
2. Two absences from practice will result in suspension from game.
3. More than two **unexcused** absences may result in dismissal from the team.

-An excused absence is followed by a Dr’s note due to sickness.

-ALL conditioning must be made up BEFORE the weekly event and must be arranged with the coach.

**Fifteen-minute rule-** Practice ends promptly at 5:30 pm, please be on time (within fifteen minutes) to pick up your athlete.  More than two offenses may result in dismissal from the team.

**DRESS CODE:**

* No jewelry- NO EXCEPTIONS
* No fake nails or long nails past the pad of fingertips
* Keep makeup conservative
* Follow school dress code because you are intended to be a leader in our school.

**Noncompliance with this rule will result in a change of attire and one mile ran before practice.**

**Cheerleading Rules and Expectations Contract**

**Complete this page and return it only to the WMS Front Office,**

**Attn Ms. Parris before 3pm May 5,2022**

I have read the following rules and expectations. I fully understand noncompliance with these rules could result in dismissal from the WMS Cheerleading team.

Parent Printed Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent Signature/Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent Email Address:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Cheerleader Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Cheerleader Signature/Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Cheerleader School Email Address:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

When stunting, I am most comfortable: (circle all that apply):

Basing Backspotting Flying

When stunting, I prefer to (place in priority order where 1 is your first choice and 3 is your last choice)

\_\_\_\_\_\_\_Basing

\_\_\_\_\_\_\_Backspotting

\_\_\_\_\_\_\_Flying

My current tumbling skills include: (please list)

WMS Cheerleading Demerit System

The system is an objective way to monitor and track behavior. It provides support and resources for cheerleaders to make positive choices. As cheerleaders strive to achieve WMS cheer squad expectations, it is critical that coaches, administrators, and parents hold cheerleaders accountable when they make poor decisions. The demerit system seeks to support cheerleaders in making good decisions. (Maximum of 10 demerits per season before possible dismissal).

Vision

* To teach cheerleaders accountability and team comradery

Outcomes

* Be considerate and generous to coaches and team mates
* Exercise self-discipline and responsibility
* Become vested in entire squad
* Develop sound leadership qualities
* Form mountaineer and community pride

Objectives of the demerit system

* To promote self-discipline, accountability, and exemplary conduct
* Aim to establish a purposeful team environment dedicated to accomplishing the vision of the cheer squad and Waynesville Middle School
* Develop and maintain respect and commitment toward teammates, coaches, and parents
* The standard and expectation of the squad will always be made clear but the ability to act responsibly, independently of direct adult supervision is considered the ultimate achievement.

Demerit System for WMS Cheer 2022-2223

Note: All practices and games are mandatory. Only doctor’s notes, a note from parent/guardian or an emergency will excuse an athlete from a practice or game.

Half Demerit

* Late for practice (by more than 15 minutes)
* Use of cell phone/electronic device during practice/game

One Demerit

* Late for game (more than 15 minutes)
* Cheerleader not informing cheer coach before an absence from practice (sickness no exception)
* 2 practice absences unaccompanied by doctors note
* Failure to wear proper uniform at practice or game including cheer shoes, poms, and bow

Two Demerits:

* Cheerleader not informing cheer coach before an absence from game
* Disruptive behavior at practice or game
* Parent late picking up athlete from practice (by more than 15 minutes)
* Fake nails or long nails past the pad of fingertips
* Dressing in a way that is inappropriate for an athlete/cheerleader/representative of the school and WMS dress code
* Not dressing up for spirit days or home ball games

Five demerits

* Unsportsmanlike conduct
* Parent late picking up athlete from game (by more than 15 minutes)
* Not attending game or practice (except excused or emergency)
* ISS (1st offense), automatic 1 week suspension from squad

Possible grounds for immediate dismissal:

* Smoking, vaping, or drinking
* Use of foul language
* Cyberbullying or cyber exposure
* Failure to adhere to the rules set forth in the school handbook and code of conduct
* ISS 2nd offense
* OSS
* Walking off of practice/game floor and saying “I quit” or blatant disrespect to any coach.
* Accumulating 10 demerits